



CHORAL SERIES

Shoes Fit for Walking

Carey Landry
Acc. by John Guarino

INTRO (♩ = ca. 86)

Piano

The piano introduction is written in 4/4 time with a key signature of two flats (Bb and Eb). It consists of two systems of music. The first system has four measures with chords Eb, Db/Eb, Ab/Eb, Eb, Db/Eb, Ab/Eb, Eb. The second system has four measures with chords Db/Eb, Ab/Eb, Eb, Db/Eb, Ab/Eb, Eb. The bass line is simple, often playing single notes or dyads.

© 2020, 2022, Carey Landry. Published by OCP. All rights reserved. This edition © 2024.



REFRAIN

Give us shoes fit for walk - ing, give us hearts filled with cour - age, give us

Eb

eyes with new vi - sion as we fol - low you, O Lord.

Gm Fm Ab Eb Bb7 Eb Db/Eb Ab/Eb

VERSE 1-3

1. Help us to see you — in our
 2. Help us to seek you — in the
 3. Help us to wit - ness — to your

1 Eb Db/Eb Ab/Eb Eb 2-4 Eb Db/Eb Ab/Eb Eb7 Ab

1. neigh - bor; _____ help us to feed you _____ in the hun - gry. Help us to
 2. lone - ly; _____ help us to greet you _____ in the strang - er. Help us to
 3. love, Lord, _____ as we serve you _____ in one an - oth - er. Help us to

Chords: Eb, Bb7, Eb, Eb7/G

1. be with you _ in the suf - fer - ing _ and be in - stru - ments of
 2. meet _ you _ in those most in _ need _ and be liv - ing signs of
 3. walk with you _ in un - chart - ed _ paths, _ as we fol - low you each

Chords: Ab, Gm, Cm, Ab, Eb, Bb7

1. peace.
 2. hope.
 3. day.

Give us

Chords: Eb, Db/Eb, Ab/Eb, Eb, Db/Eb, Ab/Eb, Eb, Eb, Db/Eb, Ab/Eb, C7

REFRAIN

shoes fit for walk - ing, give us hearts filled with cour - age, give us

eyes with new vi - sion as we fol - low you, O Lord.

Am Gm Bb F C7

1 to Coda ⊕ to Verse 4

1 F Eb/F Bb/F to Verse 4

2 Lord. Give us

2 F Eb/F Bb/F F Eb/F Bb/F C7sus4 D.S. al Coda

VERSE 4

4. You are our Life, Lord, our Res - ur -

F Eb/F Bb/F F7 Bb

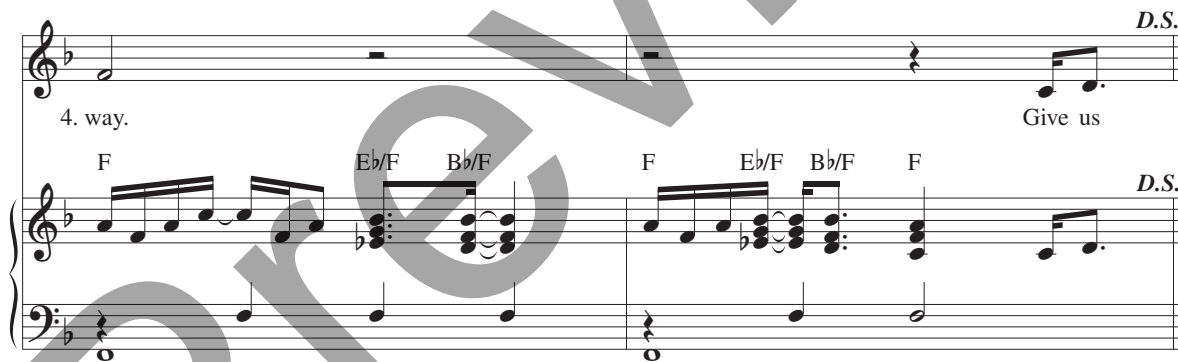
4. rec - tion, _____ you are the giv - er _____ of true mer - cy. _____ You are the



4. cen - ter _____ of our prayer - ful _____ hearts _____ and the Light who guides our



4. way. _____ Give us



⊕ CODA

Lord.



Shoes Fit for Walking

(Guitar/Vocal)

Carey Landry

Arr. by John Guarino

INTRO (♩ = ca. 86)

Capo 1: (D) (C/D) (G/D) (D) (C/D) (G/D) (D) (C/D) (G/D)
 Eb Db/Eb Ab/Eb Eb Db/Eb Ab/Eb Eb Db/Eb Ab/Eb

(Pno)

REFRAIN

(D) (C/D) (G/D) (D) (D) (D)
 Eb Db/Eb Ab/Eb Eb Eb Eb

Melody

Tenor (8vb)

Alto Harmony

Give us shoes fit for walk - ing, give us

(F#m) (Em) (G) (D) (A7)
 Gm Fm Ab Eb Bb7

hearts filled with cour - age, give us eyes with new vi - sion as we fol - low you, O

(D) (C/D) (G/D) 1 (D) (C/D) (G/D) (D) 2-4 (D) (C/D) (G/D)
 Eb Db/Eb Ab/Eb Eb Db/Eb Ab/Eb Eb Db/Eb Ab/Eb

Lord.

VERSES 1-3

(D7) Eb7 (G) Ab (D) Eb

1. Help us to see you _____ in our neigh - bor; _____ help us to
 2. Help us to seek you _____ in the lone - ly; _____ help us to
 3. Help us to wit - ness _____ to your love, Lord, _____ as we

(A7) Bb7 (D) Eb (D7/F#) Eb7/G (G) Ab

1. feed you _____ in the hun - gry. _____ Help us to be with you _____ in the
 2. greet you _____ in the strang - er. _____ Help us to meet _____ you _____ in those
 3. serve you _____ in one an - oth - er. _____ Help us to walk with you _____ in un -

(F#m) Gm (Bm) Cm (G) Ab (D) Eb (A7) Bb7 (D) Eb (C/D) Db/Eb (G/D) Ab/Eb

1. suf - fer - ing _____ and be in - stru - ments of peace.
 2. most in _____ need _____ and be liv - ing signs of hope.
 3. chart - ed _____ paths, _____ as we fol - low you each day.

1, 2	(D) Eb	(C/D) Db/Eb	(G/D) Ab/Eb	(D) Eb	3	(D) Eb	(C/D) Db/Eb	(G/D) Ab/Eb	(B7) C7
------	--------	-------------	-------------	--------	---	--------	-------------	-------------	---------

REFRAIN

(E)
F

Give us shoes fit for walk - ing, give us hearts filled with cour - age,

(G#m) Am (F#m) Gm (A) Bb (E) F (B7) C7 to Coda ⊕

give us eyes with new vi - sion as we fol - low you, O

1	(E) F	(D/E) Eb/F	(A/E) Bb/F	to Verse 4	2	(E) F	(D/E) Eb/F	(A/E) Bb/F	(E) F	(D/E) Eb/F	(A/E) Bb/F	(B7sus4) C7sus4	D.S. at Coda
---	-------	------------	------------	------------	---	-------	------------	------------	-------	------------	------------	-----------------	--------------

Lord. Lord.

VERSE 4

(E) F (D/E) Eb/F (A/E) Bb/F (E7) F7 (A) Bb (E) F

4. You are our Life, Lord, _____ our Res - ur - rec - tion, _____ you are the

(B7) (E) (E7/G#) (A)
C7 F F7/A Bb

4. giv - er ___ of true mer - cy. ___ You are the cen - ter ___ of our

(G#m) (C#m) (A) (E) (B7) (E) (D/E) (A/E) (E) (D/E) (A/E) (E)
Am Dm Bb F C7 F Eb/F Bb/F F Eb/F Bb/F F D.S.

4. prayer-ful ___ hearts ___ and the Light who guides our way.

⊕ CODA

(E) (D/E) (A/E) (E) (D/E) (A/E) (E) (D/E) (A/E) (E)
F Eb/F Bb/F F Eb/F Bb/F F Eb/F Bb/F F

Lord.

Preview

Composer Notes

At the World Day of Youth in Krakow, Poland, in July 2016, Pope Francis spoke these words: “Jesus is the Lord of risk...Jesus is not the Lord of comfort, security and ease...Following Jesus demands a good dose of courage, a readiness to trade in the couch for a pair of walking shoes, and to set out on new and uncharted paths.” “Shoes Fit for Walking” is based on those words and is a call to service of others and to see Jesus in our neighbors, to help feed Jesus in the hungry, to be with Jesus in the suffering, and to always be instruments of peace and hope for anyone in need.

It is primarily a “sending forth” song at the end of a liturgy with a theme of social justice, outreach to the poor, and care for others. It is meant to be sung exuberantly with passion, and it can be used throughout the year! Verse 4 was written for the Easter season, and we first used this song at the Easter Vigil, calling all the OCIA candidates to follow the Lord with courage as newly baptized and confirmed members of the Church.

The harmonies written here are for a three-part choir or ensemble, but strong unison singing is wonderful also.

Let us put on our walking shoes in service of the people of God, especially those most in need!

—*Carey Landry*

Preview

Assembly Edition

SHOES FIT FOR WALKING

Carey Landry



Give us shoes fit for walk - ing, give us hearts filled with cour - age,



give us eyes with new vi - sion as we fol - low you, O Lord.



1. Help us to see you in our neigh - bor; help us to
 2. Help us to seek you in the lone - ly; help us to
 3. Help us to wit - ness to your love, Lord, as we
 4. You are our Life, Lord, our Res - ur - rec - tion, you are the



1. feed you in the hun - gry. Help us to be with you
 2. greet you in the strang - er. Help us to meet you
 3. serve you in one an - oth - er. Help us to walk with you
 4. giv - er of true mer - cy. You are the cen - ter



1. in the suf - fer - ing and be in - stru - ments of peace.
 2. in those most in need and be liv - ing signs of hope.
 3. in un - chart - ed paths, as we fol - low you each day.
 4. of our prayer - ful hearts and the Light who guides our way.

to Refrain

© 2020, 2022, Carey Landry. Published by OCP. All rights reserved.

For reprint permissions, please visit OneLicense.net or contact us at 1-800-663-1501.

