From the Wounds of Christ
Rufino Zaragoza, OFM

FROM THE COLLECTION
My God and My All
Octavo Packet #30141036
CD #30141037
From the Wounds of Christ

Inspired by The Second Letter of St. Clare (of Assisi)
to St. Agnes of Prague, ca. 1237

Rufino Zaragoza, OFM
Vocal arr. by Scott Soper

*REFRAIN Freely (\( \text{\textit{= ca. 69}} \))

From the wounds of Christ,

From the wounds of Christ flows glory.

From the wounds of Christ flows blessing.

From compassion nailed up on a side of Christ flows blessing.

From compassion nailed up on a side of Christ flows blessing.

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*Play entire Refrain with 1st ending as an Intro.
cross, may we become what we gaze upon.

cross, may we become what we gaze upon.


**VERSES**

**Good Friday**
1. Turn our lives to face the
2. Firm as ground this wood we
3. Come and touch the saving

**Communion**
1. Mem'ry holds that meal of
2. God revealed in simple
3. Come be fed, come forth in

(Optional countermelody on “Oo” or Solo Instrument)

1. wood of his sorrow and pain
2. hold, as a ladder of hope,
3. cross hidden from our lives
1. love; Jesus gathered with friends,
2. food; see the crucified one,
3. awe. Here the Body and Blood

*From the Wounds of Christ*
From the Wounds of Christ is meant to be performed as a prayer-like chant. Similar to Taize-style chant in a prayer service, the refrain is meant to draw the assembly into deeper prayer, contemplation, and adoration of the cross. After the assembly has sung the refrain multiple times and is confident with the melody, the cantor should proceed to sing a verse. There are many performance options for the verses, which have been indicated, using a combination of cantor, choir, and solo instrument. The music director is encouraged to repeat the refrain several times before proceeding to another verse. As notated, there is an alternate cue-sized melody for the cantor. The optional descant is intended for the final pass of the refrain.

—Rufino Zaragoza, OFM

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(Guitar/Vocal)

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*REFRAIN Freely (♩ = ca. 69)

From the wounds of Christ flows glory. From the side of Christ flows blessing. From compassion nailed upon a cross, may we become what we gaze upon.

Come what we gaze upon.

VERSES

1. Turn our lives to face the wood
2. Firm as ground this wood we hold,
3. Come and touch the saving cross

COMMUNION

1. Memory holds that meal of love;
2. God revealed in simple food;
3. Come forth in awe.

1. of his sorrow and pain and his humble death. Through this
2. as a ladder of hope, stair-case of God’s will. Teach us
3. hidden from our lives in the outcast poor; in their

Jesus gathered with friends, sharing bread and wine; a new
see the crucified one, see the humble Christ, present
Here the Body and Blood of our saving Lord makes us

1. of his sorrows and pain and his humble death. Through this
2. as a ladder of hope, stair-case of God’s will. Teach us
3. hidden from our lives in the outcast poor; in their

Jesus gathered with friends, sharing bread and wine; a new
see the crucified one, see the humble Christ, present
Here the Body and Blood of our saving Lord makes us

1. cross God brought new life to the world;
2. mercy, love and justice: Holy Cross.
3. struggle we will find God’s own face.

1. covenant was given before he died.
2. now as bread and wine, that you may live.
3. one with Jesus broken and one with all.
From the Wounds of Christ

SOLO INSTRUMENT I & II in C

Refrain Freely (q = ca. 69)

Verse 1

Refrain

Verse 2

Refrain

Verse 3

Final Refrain

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FROM THE WOUNDS OF CHRIST

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Good Friday
1. Turn our lives to face the wood
   of his sorrow and pain
   and his humble death.
   Through this cross God brought
   new life to the world.
2. Firm as ground this wood we hold,
   as a ladder of hope,
   staircase of God's will.
   Teach us mercy, love and justice;
   Holy Cross.
3. Come and touch the saving cross
   hidden from our lives
   in the outcast poor;
   in their struggle we will find
   God’s own face.

Communion
1. Mem’ry holds that meal of love;
   Jesus gathered with friends,
   sharing bread and wine;
   a new covenant was given,
   before he died.
2. God revealed in simple food;
   see the crucified one,
   see the humble Christ,
   present now as bread and wine,
   that you may live.
3. Come be fed, come forth in awe.
   Here the Body and Blood
   of our saving Lord
   makes us one with Jesus broken,
   and one with all.

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