

# INTERCULTURAL MUSIC SERIES

## Blessed Are You/Mapapalad Kayo

Assembly, Unison Choir, Descant,  
Keyboard, Guitar, and Solo Instrument in C

Ricky Manalo, CSP,  
and Jesse Manibusan

**INTRO** ( $\text{♩} = \text{ca. } 160$ )

Keyboard

*mf*

F Gm/F F Dm C/E F Gm7

Gm/Bb Csus4 F Bb F C7sus4

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Note: "Mapapalad kayo" is Filipino for "Blessed are you!"

From the collection IN THE SIGHT OF THE ANGELS  
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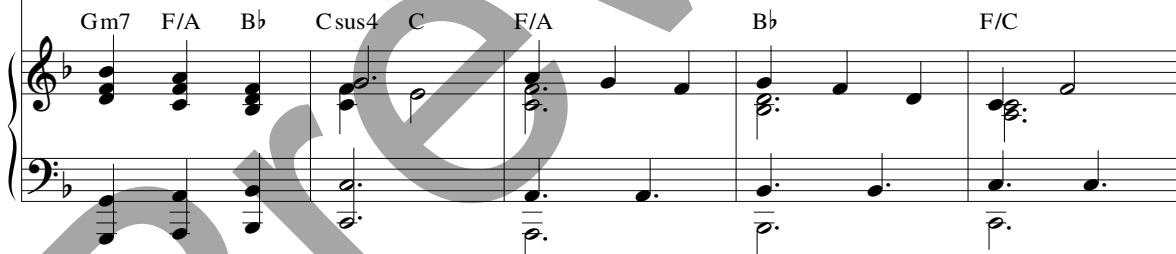
VERSE



1. Bless - ed are you who are poor, poor in spir - it, re -  
 2. Bless - ed are you who mourn, do not des - pair; re -  
 3. Bless - ed are you who are meek. Ho - ly are you; re -  
 4. Bless - ed are you who hun - ger, hun - ger and thirst for  
 5. Bless - ed are you who show mer - cy. Ho - ly are you; re -  
 6. Bless - ed are you who are pure, pure of heart, re -  
 7. Bless - ed are you who make peace in all that you do, re -  
 8. Bless - ed are you who are per - se - cut - ed to - day for



1. joye and be glad! Yours is the king - dom of heav - en.  
 2. joye and be glad! Com - fort and joy shall be yours.  
 3. joye and be glad! You shall in - her - it the land.  
 4. righ - teous - ness, you shall be sat - is - fied.  
 5. joye and be glad! You shall be shown God's mer - cy.  
 6. joye and be glad! You shall see God's face.  
 7. joye and be glad! You are the chil - dren of God.  
 8. righ - teous - ness' sake, yours is the king - dom of heav - en.



Descant

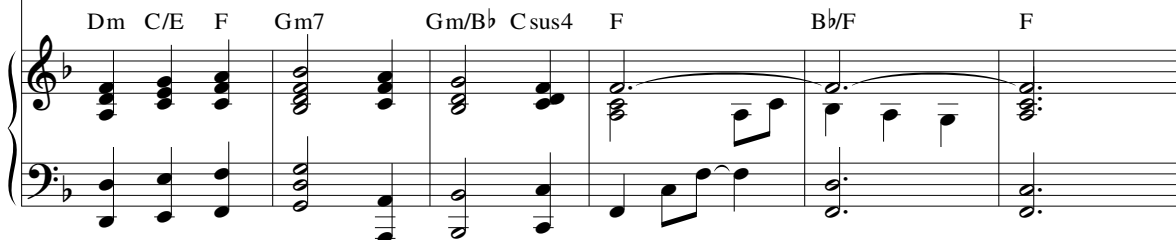


1-8. \*Mag - sa - ya at ma - ga - lak, at ma - ga - lak!

Melody



1-8. \*Mag - sa - ya at ma - ga - lak!



\* "Rejoice and be glad."

## REFRAIN

Bless - ed are you! Ma-pa-  
 Bless-ed are you! \*Ma-pa - pa-lad ka - yo!  
 pa-lad ka - yo! Bless - ed are you!  
 Bless - ed are you! Ma-pa-  
 pa-lad ka - yo! Ma-pa - pa-lad ka - yo!  
 pa-lad ka - yo!

Chords: B $\flat$ add9, F/A, Gm7, C, F, F/E, Dm7, F/C, B $\flat$ add9, F/A, Gm7, C7, F, B $\flat$ /F, F, C7.

Rehearsal marks: 1-7, D.S.

\* "Blessed are you!"

Blessed Are You/Mapapalad Kayo

The image shows a musical score for the song "Blessed Are You/Mapapalad Kayo". It consists of three systems of music. The first system is a vocal line in treble clef with a key signature of one flat (B-flat major). It starts with a "Final" marking and includes the lyrics "yo! Ma-pa - pa-lad ka - yo! Ma-pa - pa-lad ka - yo!". The second system is another vocal line in treble clef, also with a "Final" marking, with lyrics "Ma-pa - pa-lad ka - yo! Ma-pa - pa-lad ka - yo!". The third system is a piano accompaniment in grand staff (treble and bass clefs). It includes a "Final" marking and a "rit." (ritardando) instruction. Chord symbols are provided above the treble staff: F, Gm7/C, F, Bb/F, F, Gm7/C, and F. The score is watermarked with "Preview".

## Composer Notes

From January 15 to January 19, 2015, Pope Francis made an historic visit to the Philippines. As part of that weeklong celebration, the Archdiocese of Manila held an evangelization conference at the University of Santo Tomas. The archdiocese invited representatives from OCP (Ken Canedo, Jesse Manibusan, and myself) to attend the conference and perform during the concerts. “*Blessed Are You/Mapapalad Kayo*” was composed for that occasion and performed by Jesse during the concerts. We believe that the song captures the joyous spirit of the Filipino people!

The form of the song is call and response. During the refrain, one voice or group of voices sings one musical phrase of the refrain – “Blessed are you!” or “Mapapalad kayo!” – and another voice or group of voices responds with the very same musical phrase. You may divide each of the verses and/or the refrain between cantor(s), soloists, choir, and assembly or simply have one group of voices entrusted to the same musical phrase throughout the entire song. There are many events when one may sing this song, from catechetical lessons (the recording features a children’s choir) to concert venues to any worship event that features or refers to the Beatitudes. Liturgical themes of the song include social justice and solidarity with those who live in the margins of our society.

—Ricky Manalo, CSP

# Blessed Are You/Mapapalad Kayo

SOLO INSTRUMENT in C

Ricky Manalo, CSP

INTRO (♩ = ca. 160)

Two staves of musical notation for the Intro section. The first staff begins with a treble clef, a key signature of one flat (B-flat), and a 3/4 time signature. The tempo is marked as ca. 160. The first measure is marked with a mezzo-forte (*mf*) dynamic. The melody consists of a series of eighth and quarter notes, with a long slur covering the first two staves.

§ VERSES 1-8

Two staves of musical notation for Verses 1-8. The notation continues with a long slur across both staves, featuring a mix of quarter and eighth notes.

REFRAIN

Three staves of musical notation for the Refrain section. The first staff includes the lyrics "Bless-ed are you" under the notes. The notation includes a triplet of eighth notes marked with a "3" above it. The second staff has a first ending bracket labeled "1-7" and a *D.S.* (Da Capo) marking. The third staff begins with a **Final** marking and ends with a *rit.* (ritardando) marking and a fermata over the final note.

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# Blessed Are You/Mapapalad Kayo

(Guitar/Vocal)

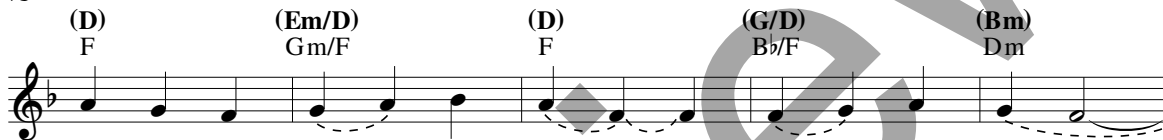
Ricky Manalo, CSP,  
and Jesse Manibusan

INTRO (♩ = ca. 160)

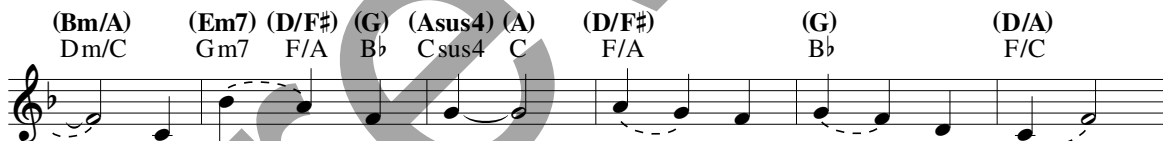
Capo 3: (D) (Em/D) (D) (Bm) (A/C#) (D) (Em7)  
F Gm/F F Dm C/E F Gm7



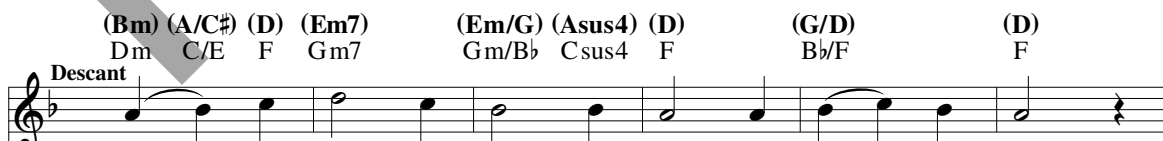
## VERSE



1. Bless - ed are you who are poor, \_\_\_\_\_ poor \_\_\_\_\_ in spir - it, \_\_\_\_\_  
 2. Bless - ed are you \_\_\_\_\_ who mourn, \_\_\_\_\_ do not des - pair; \_\_\_\_\_  
 3. Bless - ed are you who are meek. \_\_\_\_\_ Ho - ly are you; \_\_\_\_\_  
 4. Bless - ed are you \_\_\_\_\_ who hun - ger, \_\_\_\_\_ hun - ger and thirst \_\_\_\_\_  
 5. Bless - ed are you who show mer - cy. \_\_\_\_\_ Ho - ly are you; \_\_\_\_\_  
 6. Bless - ed are you who are pure, \_\_\_\_\_ pure \_\_\_\_\_ of heart, \_\_\_\_\_  
 7. Bless - ed are you who make peace \_\_\_\_\_ in all that you do, \_\_\_\_\_  
 8. Bless - ed are you who are per - se - cut - ed to - day \_\_\_\_\_



1. \_\_\_\_\_ re - joice and be glad! \_\_\_\_\_ Yours is the king - dom of heav - en.  
 2. \_\_\_\_\_ re - joice and be glad! \_\_\_\_\_ Com - fort and joy shall be yours. \_\_\_\_\_  
 3. \_\_\_\_\_ re - joice and be glad! \_\_\_\_\_ You shall in - her - it the land. \_\_\_\_\_  
 4. \_\_\_\_\_ for righ - teous - ness, \_\_\_\_\_ you shall be sat - is - fied. \_\_\_\_\_  
 5. \_\_\_\_\_ re - joice and be glad! \_\_\_\_\_ You shall be shown \_\_\_\_\_ God's mer - cy.  
 6. \_\_\_\_\_ re - joice and be glad! \_\_\_\_\_ You \_\_\_\_\_ shall see \_\_\_\_\_ God's face. \_\_\_\_\_  
 7. \_\_\_\_\_ re - joice and be glad! \_\_\_\_\_ You are the chil - dren of God. \_\_\_\_\_  
 8. \_\_\_\_\_ for righ - teous - ness' sake, \_\_\_\_\_ yours is the king - dom of heav - en.



1-8. \*Mag - sa - ya at ma - ga - lak, at ma - ga - lak!



1-8. \*Mag - sa - ya at ma - ga - lak! \_\_\_\_\_

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Note: "Mapapalad kayo" is Filipino for "Blessed are you!"

\* "Rejoice and be glad."

**REFRAIN**                      **(Gadd9)**      **(D/F#)**                      **(Em7)**                      **(A)**                      **(D)**  
    B $\flat$ add9      F/A                      Gm7                      C                      F

Bless - ed are you! \_\_\_\_\_ Ma - pa -  
 Bless - ed are you! \_\_\_\_\_ \*Ma - pa - pa - lad \_\_\_\_\_ ka - yo! \_\_\_\_\_

**(D/C#)**                      **(Bm7)**                      **(D/A)**                      **(Gadd9)**                      **(D/F#)**                      **(Em7)**  
 F/E                      Dm7                      F/C                      B $\flat$ add9                      F/A                      Gm7

pa - lad \_\_\_\_\_ ka - yo! \_\_\_\_\_ Bless - ed are you! \_\_\_\_\_  
 \_\_\_\_\_ Bless - ed are you! \_\_\_\_\_ Ma - pa -

**(A7)**                      **(D)**                      **(G/D)**                      **1-7**                      **(A7)**  
 C7                      F                      B $\flat$ /F                      F                      C7                      *D.S.*

Ma - pa - pa - lad \_\_\_\_\_ ka - yo!  
 pa - lad \_\_\_\_\_ ka - yo! \_\_\_\_\_ **1-7** *D.S.*

**Final**  
**(D)**                      **(Em7/A)**                      **(D)**                      **(G/D)**                      **(D)**                      **(Em7/A)**                      **(D)**  
 F                      Gm7/C                      F                      B $\flat$ /F                      F                      Gm7/C                      F

yo! \_\_\_\_\_ Ma - pa - pa - lad \_\_\_\_\_ ka - yo! Ma - pa - pa - lad ka - yo!  
 \_\_\_\_\_ Ma - pa - pa - lad \_\_\_\_\_ ka - yo! \_\_\_\_\_ Ma - pa - pa - lad ka - yo!

\* "Blessed are you!"

# Assembly Edition

## BLESSED ARE YOU/MAPAPALAD KAYO

Ricky Manalo, CSP,  
and Jesse Manibusan

Verses



1. Bless-ed are you who are poor, poor in spir-it,
2. Bless-ed are you who mourn, do not des-pair;
3. Bless-ed are you who are meek. Ho-ly are you;
4. Bless-ed are you who hun-ger, hun-ger and thirst
5. Bless-ed are you who show mer-cy. Ho-ly are you;
6. Bless-ed are you who are pure, pure of heart,
7. Bless-ed are you who make peace in all that you do,
8. Bless-ed are you who are per-se-cut-ed to-day

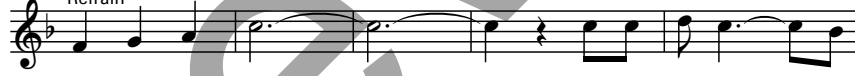


1. re-joice and be glad! Yours is the king-dom of heav-en.
2. re-joice and be glad! Com-fort and joy shall be yours.
3. re-joice and be glad! You shall in-her-it the land.
4. for righ-teous-ness, you shall be sat-is-fied.
5. re-joice and be glad! You shall be shown God's mer-cy.
6. re-joice and be glad! You shall see God's face.
7. re-joice and be glad! You are the chil-dren of God.
8. for righ-teous-ness' sake, yours is the king-dom of heav-en.



1-8. \*Mag - sa - ya at ma - ga - lak!

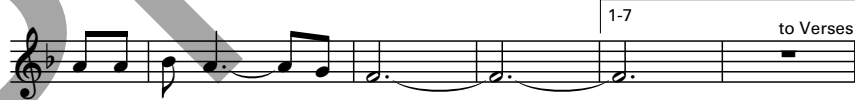
Refrain



Bless - ed are you! \*\*Ma - pa - pa - lad ka -



yo! Bless - ed are you!



Ma - pa - pa - lad ka - yo!

Final



Ma - pa - pa - lad ka - yo! Ma - pa - pa - lad ka - yo!

\* "Rejoice and be glad."  
\*\* "Blessed are you!"

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