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Introduction

Guidelines for singing and accompanying chant in English

The texts for the antiphons have been taken directly from the new *Roman Missal, Third Edition*. The melodies for these antiphons are, for the most part, inspired by the Latin Gregorian chants as found in the Roman Gradual. They follow the modality and imitate the melodic patterns of the original Latin chants. Now, however, they use the rhythm and the flow of Midwestern American English, as typified by the recordings of T.S. Eliot (cf. iTunes web site) speaking his own poetry. The Congregational Refrains are based on the antiphons to which they are attached.

Both the antiphon and its refrain and the psalm verses that are chosen should be sung as if speaking the text with great conviction and the natural rhythm of the words. For nine audio examples of how one might sing these antiphons and refrains, go to:

http://www.saintmeinrad.org/the-monastery/liturgical-music/downloads/

Singing the Saint Meinrad Psalm Tones

The Saint Meinrad psalm tones should produce an effect of “sung speech.” Each word accent is given its due intensity and lengthening, while all the other syllables then flow rapidly either to or from that accent. The final word accent of each line in the psalm (i.e., in the Grail edition) will be softer and will bring the line to a gentle ending. End each line with a full breath that acts as a springboard to the next line. The effect will be that of a Roman arch that rises in intensity and speeds up at the beginning of the line and then coasts to a quiet rest at the end of each line. For the cantors it should produce the physical feeling of a pendulum swinging from one accent to the next until it comes to rest at the end of each line. Neither the piano nor the organ is of help for the rhythm or the variations in intensity; they can only support the pitches and provide harmonic background. For this reason it is suggested that repeated notes in lower voices of the accompaniments be tied over. It would be better for the accompanist to omit the one or two black notes that occur before the last open note at each double bar; these notes should be sung quickly and lightly by the cantor. Accompaniments should only be noticed when the singers stop singing! Raymond Henderson’s accompaniments that are provided in this edition give just such a background for singing these antiphons, refrains and psalm verses.

Singing the Antiphons and the Congregational Refrains

When there are two or more notes over a syllable, the singer should move quickly from the first note to the last note, which is then given the full length of time for the syllable. The effect will be like that of walking with a “bounce” in your step!

To help break the habit of singing every note as being of equal value, the choir and cantors might practice the Entrance Antiphon for the Seventeenth Sunday in Ordinary Time by speaking the text in the following manner:

1) Start with a full breath while swinging your right arm from 6 o’clock to 3 o’clock;
2) Swing your arm back from 3 o’clock to 9 o’clock while saying “God”
3) Swing your arm back from 9 o’clock to 3 o’clock while saying “is in his holy”
4) Swing your arm back from 3 o’clock to 9 o’clock while saying “place”
5) Continue swinging back and forth between the following underlined accents:

   God who u-nites
   those who dwell in his house;
   he him-self gives might and strength to his people.

6) Repeat these four steps while singing the melody of the Entrance Antiphon. Sing the word accents with greater intensity and a leaning forward toward each new accent until one coasts to the last accent of the piece with a softening of the voice. Sing the notes with a tenuto mark over them as if they were word accents, as for example, the two tenuto
marks over the final syllable of the word “unites.” Sing the non-accented words and syllables very lightly and quickly. The danger will be to sing these pieces too slowly and in too evened-out a manner. Remember that chant is really a form of “sung speech.” The assembly will tend to imitate the style and tempo they hear from the choir or the cantor.

Practice the refrain in the same manner: “You give unity and strength to your people, O God.”

This antiphon and its refrain and psalm verses can be heard on the CD recording available from OCP online: www.ocp.org/products/30128558

Repeated notes over a single syllable are to be sung as separate vowel sounds (e.g., “God”: is then sung as: Gah-ahd). These notes will have a staccato mark (a dot) over them. Sometimes the staccato mark will have a tenuto (a small dash) over it, which indicates that these repeated notes are to be sung with a little lengthening and with greater intensity, if it is a word accent. A tenuto mark over a word (e.g.: “u-nites” in the above example) indicates the broadening out of that word or note (allargando). A note with a wavy line over it marks the quilisma sign, which is actually a question mark; it indicates a note to be glided over lightly with strong emphasis on the note that follows. Practice the two notes by saying in a shocked voice: o-OH?

The incise mark (i.e., the vertical line that cuts only the top staff line) in these chants is always to be interpreted as adding some lengthening to the preceding note and breaking the sound by taking a quick breath. These incise marks indicate a sense unit in the text that needs a break in sound to make the phrasing audible for the listener. Every incise mark indicates a break in the sound, a quick breath, and a little delay before picking up speed again with the next phrase.

When there are several notes for a syllable, the note at the end of an internal slur always has some emphasis, or extra tension.

**Guidelines for structuring the use of these antiphons and refrains**

The antiphon may be sung:

1. Alone as a Call to Worship or before a hymn:
   Antiphon is sung by choir or cantor, then a hymn is sung by the assembly.

2. Repeated with psalm verses:
   Antiphon is sung by choir; psalm verse is sung by cantor; antiphon is then repeated by choir, etc., concluding with the antiphon.

3. As a complete Entrance or Communion procession:
   Antiphon is sung by choir or cantor, followed by the Congregational Refrain sung by a cantor and repeated by the assembly; psalm verses are sung by cantor, alternating with Congregational Refrain, and then the antiphon is again sung by the choir or cantor to conclude.

4. In simpler form, when resources and/or rehearsal time are limited:
   Congregational Refrain is sung first by a cantor and then repeated by the assembly.
   The cantor continues with psalm verses alternating with community’s refrain as needed.
   The antiphon is omitted.

Following the practice of the *Roman Gradual*, a Doxology (e.g., the Saint Meinrad Doxology) should be used as the last psalm verse to signal that the antiphon will be sung again as the conclusion of the processional rite. This would be the practice for guidelines 2, 3 and 4 as given above.

An appropriate antiphon or refrain from this collection may be sung during the Preparation of the Gifts, using one of the structures described above.

— Columba Kelly, OSB
SECOND SUNDAY IN ORDINARY TIME

Entrance Antiphon
Mode 4

Ps. 66(65):4

Speech tempo, phrasing and emphasis

All the earth shall bow down before you, O God, and shall

sing to you, shall sing to your name,

O Most High!

We shall sing to your name, O Lord, most high!

Congregational Refrain
VERSES: Psalm 66(65):1–7

1. Cry out with joy to God, all the earth; O sing to the glory of his name.
2. “Because of the greatness of your strength, your enemies fawn upon you.
3. Come and see the works of God: awesome his deeds among the children of men.
4. Let our joy, then, be in him; he rules forever by his might.

1. O render him glorious praise. Say to God, “How awesome your deeds!”
2. Before you all the earth shall bow down, shall sing to you, sing to your name!
3. He turned the sea into dry land; they passed through the river on foot.
4. His eyes keep watch on the nations: let rebels not exalt themselves.


Communion Antiphon 1
Mode 6

Cf. Ps. 23(22):5

You have prepared a table before me, and how precious is the chalice that quenches my thirst.

Congregational Refrain

The Lord is my shepherd, there is nothing I shall want.
VERSES: Psalm 23(22)

1. The LORD is my shepherd; there is nothing I shall want.
2. He guides me along the right path, for the sake of his name.
3. You have prepared a table before me in the sight of my foes.
4. Surely goodness and mercy shall follow me all the days of my life.

1. Fresh and green are the pastures where he gives me repose.
2. (________________) Though I should walk in the valley of the shadow of death,
3. My head you have anointed with oil; (________________)
4. In the LORD’s own house shall I dwell (________________)

1. Near restful waters he leads me; he renews my soul.
2. no evil would I fear, for you are with me. Your crook and your staff will give me comfort.
3. (________________) my cup is overflowing.
4. (________________) for length of days unending.

Edition #30130295
Or:

Communion Antiphon 2
Mode 8

1 Jn. 4:16

We have come to know and to believe in the love that God has for us.

Congregational Refrain

It is your love, O Lord, that I seek.
VERSES 1–5: Psalm 34(33):2–11

1. I will bless the LORD at all times; praise of him is always in my mouth.
2. Glorify the LORD with me; together let us praise his name.
3. Look toward him and be radiant; let your faces not be dashed.
4. The angel of the LORD is encamped around those who fear him, to rescue them.
5. Fear the LORD, you his holy ones. They lack nothing, those who fear him.

1. In the LORD my soul shall make its boast; the humble shall hear and be glad.
2. I sought the LORD, and he answered me; from all my terrors he set me free.
3. This lowly one called; the LORD heard, and rescued him from all his distress.
4. Taste and see that the LORD is good. Blessed the man who seeks refuge in him.
5. The rich suffer want and go hungry, but those who seek the LORD lack no blessing.
VERSES 6–11: Psalm 34(33):12–23

6. Come, children, and hear me, that I may teach you the fear of the
   LORD.
7. Guard your tongue from evil, and your lips from speaking deceit.
8. The LORD turns his face against the wicked, to destroy their lives.
9. When the just cry out, the LORD hears, and rescues them in all their distress.
10. Many are the trials of the just man, but from them all the LORD will rescue;
    those who hate the just man are doomed.
11. Evil brings death to the wicked; those who hate the just man are crushed.

6. Who is it that desires life and longs to see peace, and prosperous days?
7. Turn aside from evil and do good. Seek after what is good.
8. The LORD turns his face against the wicked, to destroy their souls.
9. The LORD is close to the brokenhearted; those whose spirit is crushed will save.
10. He will keep guard over all his bones; not one of his bones shall be broken.
11. The LORD ransoms the souls of his servants. All who trust in him shall not be condemned.

Second Sunday in Ordinary Time, cont. (7)
Third Sunday in Ordinary Time

Entrance Antiphon
Mode 7

Speech tempo, phrasing and emphasis

Cf. Ps. 96(95):1, 6

O sing a new song to the Lord; sing to the Lord, all the earth. In his presence are majesty and splendor, strength and honor in his holy place.

Congregational Refrain

Let us sing to the Lord, in his holy place.
VERSES: Psalm 96(95):1–8

1. O sing a new song to the LORD; sing to the LORD, all the earth.
2. For the LORD is great and highly to be praised, to be feared above all gods.
3. Give the LORD, you families of peoples, give the LORD glory and power;

1. O sing to the LORD; bless his name. Proclaim his salvation day by day.
2. For the gods of the nations are naught. It was the LORD who made the heavens.
3. (____________) (____________)

1. Tell among the nations his glory, and his wonders among all the peoples.
2. In his presence majesty and splendor, strength and honor in his holy place.
3. (____________) give the LORD the glory of his name.

Edition #30130295
Communion

Communion Antiphon 1
Mode 5

Speech tempo, phrasing and emphasis

Look _______ toward the Lord ______ and be ra - di - ant; let your

fac - es not _______ be a - bashed.____

Congregational Refrain

It is your face, O Lord, that I seek.

Cf. Ps. 34(33):6
VERSES 1–5: Psalm 34(33):2–11

1. I will bless the LORD at all times; praise of him is always in my
2. Glorify the LORD with me; together let us praise his
3. Look toward him and be radiant; let your faces not be a -
4. The angel of the LORD is en - camped around those who fear him, to res - cue
5. Fear the LORD, you his holy ones. They lack nothing, those who

1. mouth. In the LORD my soul shall make its boast; the humble shall
2. name. I sought the LORD, and he answered me; from all my
3. bashed. This lowly one called; the LORD heard, and rescued him from
4. them. Taste and see that the Lord is good. Blessed the man who seeks
5. fear him. The rich suffer want and go hungry, but those who seek the

1. hear and be glad.
2. terrors he set me free.
3. all his dis - tress.
4. refuge in him.
5. LORD lack no blessing.
VERSES 6–11: Psalm 34(33):12–23

6. Come, children, and hear me, that I may teach you the fear of the LORD.
7. Guard your tongue from evil, and your lips from speaking deceitful words.
8. The LORD turns his eyes to the just, and his ears are open to their cry.
9. When the just cry out, the LORD hears, and rescues them in all their distress.
10. Many are the trials of the just man, but from them all the LORD will rescue those who hate the just man are doomed.
11. Evil brings death to the wicked; all his bones; not one of his days? Peace and prosperity all his bones; not one of his days? Peace and prosperity.
Or:

Communion Antiphon 2  
Mode 7  

*Speech tempo, phrasing and emphasis*

Jn. 8:12

I am the light of the world, says the Lord; whoever follows me will not walk in darkness, but will have the light of life.

Congregational Refrain

In you, O Lord, we have the light of life.
VERSE: Psalm 36(35):6–10

1. Your mercy, LORD, reaches to heaven, your truth to the
2. How precious is your mercy, O God! The children of men seek
3. They feast on the riches of your house; you give them drink from the stream of your de -

1. clouds. Your justice is like God’s mountains; like the great deep, your justice.
2. shelter ( ) ( )
3. light. ( ) ( )

1. ( ) ( ) Both man and beast you save, O LORD.
2. ( ) ( ) in the shadow of your wings.
3. For with you is the foun - tain of life, and in your light we see light.
FOURTH SUNDAY IN ORDINARY TIME

Entrance

Entrance Antiphon
Mode 2

Ps. 106(105):47

Save us, O Lord our God! And gather us from the nations, to give thanks to your holy name,

and make it our glory to praise you.

Congregational Refrain

Let us praise and thank our God!

Edition #30130295
VERSES: Psalm 122(121):1–7

1. I rejoiced when they said to me, “Let us go to the house of the LORD.”
2. Jerusalem is built as a city bonded as one together.
3. For Israel’s witness it is to praise the name of the LORD.
4. For the peace of Jerusalem pray, “May they prosper, those who love you.”

1. And now our feet are standing within your gates, O Jerusalem.
2. It is there that the tribes go up, the tribes of the LORD.
3. (———) There were set the thrones for judgment, the thrones of the house of David.
4. May peace abide in your walls, and security be in your towers.
Communion

Communion Antiphon 1
Mode 1

Cf. Ps. 31(30):17–18

Speech tempo, phrasing and emphasis

Let your face shine on your servant. Save me in your merciful love. O Lord, let me never be put to shame.

for I call on you.

Congregational Refrain

Let your face shine on your servant.
VERSES: Psalm 31(30):2–6, 8–9

1. In you, O LORD, I take refuge. Let me never be put to shame.
2. Be a rock of refuge for me, a mighty stronghold to save me.
3. Release me from the snare they have hidden, for you indeed are my refuge.
4. Let me be glad and rejoice in your mercy, for you who have seen my affliction.

1. (________) (________)
2. (________) (________)
3. (________) (________)
4. and taken heed of my soul’s distress, have not left me in the hands of the enemy.

1. In your justice, set me free; incline your ear to me, and speedily rescue me.
2. For you are my rock, my stronghold! Lead me, guide me, for the sake of your name.
3. Into your hands I commend my spirit. You will redeem me, O LORD, O faithful God.
4. (________) (________)
   but set my feet at large.
Or:

Communion Antiphon 2
Mode 1

Speech tempo, phrasing and emphasis

Mt. 5:3–4

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are the meek, for they shall possess the land.

Congregational Refrain

Let your face shine on your servant.
VERSES: Psalm 37(36):1, 3, 16, 18, 23, 27

1. Do not fret because of the wicked; do not envy those who do evil.
2. Better the few possessions of the just, (_________)
3. The LORD takes note of the days of the blameless; (_________)
4. By the LORD are the steps made firm (_________)
5. Then turn away from evil and do good, (_________)

1. Trust in the LORD and do good; then you will dwell in the land and safely pasture.
2. (_________) than the abundant wealth of the wicked.
3. (_________) their heritage will last forever.
4. (_________) of one in whose path He delights.
5. (_________) and you may abide forever.
FIFTH SUNDAY IN ORDINARY TIME

Entrance Antiphon
Mode 1

Speech tempo, phrasing and emphasis

Ps. 95(94):6–7

O come, let us worship God and bow low before the God who made us, for he is the Lord our God.

Congregational Refrain

Come, let us worship the God who made us.
VERSES: Psalm 95(94):1–7

1. Come, let us ring out our joy to the LORD; hail the rock who saves us.
2. A mighty God is the LORD, a great king above all gods.
3. O come; let us bow and bend low. Let us kneel before the God who made us,

1. (____________________) (____________________)
2. In his hands are the depths of the earth; the heights of the mountains are his.
3. for he is our God and we, the people who belong to his pasture,

1. Let us come into his presence, giving thanks; let us hail him with a song of praise.
2. To him belongs the sea, for he made it, and the dry land that he shaped by his hands.
3. (____________________) the flock that is led by his hand.
Communion Antiphon 1
Mode 8

Speech tempo, phrasing and emphasis

Cf. Ps. 107(106):8–9

Let them thank the Lord for his mercy, his wonders for the children of men, for he satisfies the thirsty soul, and the hungry he fills with good things.

Congregational Refrain

You satisfy the thirsty soul with good things.
VERSE 1: Psalm 107(106):1–3

1. “O give thanks to the LORD for he is good; for his mercy endures forever.”

1. Let the redeemed of the LORD say this, those he redeemed from the hand of the foe,

1. and gathered from far-off lands, from east and west, north and south.
VERSES 2, 3: Psalm 107(106):4–7

2. They wandered in a barren desert, finding no way to a city they could dwell in.
3. Then they cried to the LORD in their need, and he rescued them from their distress,

2. Hungry they were and thirsty; their soul was fainting within them.
3. and he guided them along a straight path, to reach a city they could dwell in.
Or:

Communion Antiphon 2
Mode 1

Speech tempo, phrasing and emphasis

Mt. 5:5–6

Blessed are those who mourn, for they shall be comforted.

Blessed are those who hunger and thirst for righteousness, for they shall have their fill.

You satisfy the thirsty soul with good things.

Congregational Refrain
VERSES: Psalm 37(36):1–2, 16–19, 23, 27

1. Do not fret because of the wicked; do not envy those who do
2. Better the few possessions of the just, (________)
3. The LORD takes note of the days of the blameless; their heritage will last for -
4. By the LORD are the steps made firm (________)
5. Then turn away from evil and do good, (________)

1. evil, for they wither quickly like grass and fade like the
2. ______ (________)
3. ever. They shall not be put to shame in evil days, than the abundant
4. ______ (________)
5. ______ (________)

1. green of the fields.
2. wealth of the wicked.
3. famine they shall have their fill.
4. path He delights.
5. you may abide forever.
**Entrance Antiphon**

*Mode 6*

**Speech tempo, phrasing and emphasis**

Cf. Ps. 31(30):3–4

Be my protector, O God, a mighty stronghold to save me.

For you are my rock, my stronghold! Lead me, guide me,

for the sake of your name.

**Congregational Refrain**

Guide us, O Lord, for the sake of your name.
VERSES: Psalm 31(30):2–6

1. In you, O LORD, I take refuge. Let me never be put to shame.
2. Be a rock of refuge for me, a mighty stronghold to save me.
3. Release me from the snare they have hidden, for you indeed are my refuge.

1. In your justice, set me free; incline your ear to me, and speedily rescue me.
2. For you are my rock, my stronghold! Lead me, guide me, for the sake of your name.
3. Into your hands I commend my spirit. You will redeem me, O LORD, O faithful God.
They ate and had their fill, and what they craved the Lord gave them; they were not disappointed in what they craved.

You satisfy the thirsty soul with good things.
VERSES: Psalm 78(77):1, 3–4, 22–28

1. Give ear, my people, to my teaching; (____________________)
2. The things we have heard and understood, the things our fathers have told us,
3. For they had no faith in God, (____________________)
4. Yet he commanded the clouds above, and opened the gates of heaven.
5. Man ate the bread of angels. He sent them abundance of food;
6. He rained flesh upon them like dust, winged fowl like the sands of the sea.

1. (____________________) but will tell them to the next generation:
2. these we will not hide from their children
3. (____________________)
4. (____________________)
5. (____________________)
6. (____________________)

1. (____________________) incline your ear to the words of my mouth.
2. the glories of the LORD and his might, and the marvelous deeds he has done.
3. (____________________) and did not trust his saving power.
4. He rained down manna to eat, and gave them bread from heaven.
5. the east wind he stirred up in the heavens, the south wind he directed by his might.
6. He let it fall in the midst of their camp, and all around their tents.
Communion Antiphon 2
Mode 1

God so loved the world that he gave his Only Begotten Son.

Jn. 3:16

so that all who believe in him may not perish, but may have eternal life.

Congregational Refrain

You satisfy the thirsty soul with good things.
VERSES 1–4: Psalm 103(102):1–10

1. Bless the LORD, O my soul, and all within me, his holy name.
2. It is the Lord who forgives all your sins, who heals every one of your ills,
3. The LORD does just deeds, gives full justice to all who are oppressed.
4. The LORD is compassionate and gracious, slow to anger and rich in mercy.

1. (____) who redeems your life from the grave, (____) who crowns you with mercy and compassion,
2. He will not always find fault; nor persist in his anger forever.
3. He made known his ways to Moses, and his deeds to the children of Israel.
4. He does not treat us according to our sins, nor repay us according to our faults.
VERSES 5–8: Psalm 103(102):11–18

5. For as the heavens are high above the earth, so strong his mercy for those who fear him.
6. As a father has compassion on his children, the LORD's compassion is on those who fear him.
7. Man, his days are like grass; he flowers like the flower of the field.
8. But the mercy of the LORD is everlasting upon those who hold him in fear.

5. (______)(______) As far as the
6. (______)(______) For he knows of
7. (______)(______) The wind blows, and it
8. upon children’s children his justice, for those who keep his covenant, (______)(______)

5. east is from the west, so far from us does he remove our transgressions.
6. what we are made; he remembers that we are dust.
7. is no more, and its place never sees it again.
8. and remember to fulfill his commands.
O Lord, I trust in your merciful love. My heart will rejoice in your salvation. I will sing to the Lord who has been bountiful with me.

We trust, O Lord, in your merciful love.
VERSES: Psalm 13(12)

1. How long, O LORD? Will you forget me for ever? How long will you hide your face from me?
2. Look, answer me, LORD my God! Give light to my eyes lest I fall asleep in my death;
3. As for me, I trust in your merciful love. Let my heart rejoice in your salvation.

How long must I bear grief in my soul, have sorrow in my heart all day long?

I will sing to the LORD who has been bountiful with me. I will sing psalms to the name of the LORD Most High.

How long shall my enemy prevail over me?

lest my enemy say, "I have overcome him"; lest my foes rejoice when they see me fall.
Communion

Communion Antiphon 1
Ps. 9:2–3

I will recount all your wonders, I will rejoice in you and be glad, and sing psalms to your name, O Most High.

Congregational Refrain

I will sing to your name, O Most High!
VERSES: Psalm 9:8–13

1. But the LORD sits enthroned forever; he has set up his throne for ever;
2. For the oppressed, the LORD will be a stronghold, a stronghold in times of distress;
3. Sing psalms to the LORD who dwells in Sion. Tell his mighty works among the peoples.

1. judgment. He will judge the world with justice; he will govern the world with equity.
2. Those who know your name will trust you; you will not forsake those who seek you, O LORD.
3. The Avenger of Blood has remembered them, has not forgotten the cry of the poor.

Seventh Sunday in Ordinary Time, cont. (4)
Or:

Communion Antiphon 2
Mode 2

Speech tempo, phrasing and emphasis

Jn. 11:27

Lord, I have come to believe that you are the Christ, the Son of the living God, who is coming into this world.

Congregational Refrain

I will sing to your name, O Most High!
VERSES: Psalm 23(22)

1. The LORD is my shepherd; there is nothing I shall want.
2. He guides me along the right path, for the sake of his name.
3. You have prepared a table before me in the sight of my foes.
4. Surely goodness and mercy shall follow me all the days of my life.

1. Fresh and green are the pastures where he gives me repose.
2. Though I should walk in the valley of the shadow of death, no evil would I fear, for you are with me.
3. My head you have anointed with oil; ( )
4. In the LORD's own house shall I dwell ( )

1. Near restful waters he leads me; he revives my soul.
2. ( ) Your crook and your staff will give me comfort.
3. ( ) My cup is overflowing.
4. ( ) For length of days unending.
VERSES: Psalm 18(17):2–4, 18, 38–39

1. I love you, LORD, my strength; O LORD, my rock, my fortress, my savior;
2. He saved me from my powerful foe, (__________) never turning back till they were slain.
3. I pursued and overtook my foes, (__________) my rock, my shield, my saving strength, my stronghold.

1. my God, my rock where I take refuge; my shield, my saving strength, my stronghold.
2. (__________) (__________) (__________)
3. (__________) (__________) (__________)

1. I cry out, “Praised be the LORD!” and see, I am saved from my foes.
2. (__________) from my enemies, whose strength I could not match.
3. I struck them so they could not rise; they fell beneath my feet.
Communion Antiphon 1
Mode 2
Cf. Ps. 13(12):6

I will sing ______ to the Lord ______ who has been bountiful with me,
sing __ psalms __ to the name ___ of the Lord ______ Most ___ High.____

Congregational Refrain

I will sing __ to your name, O Most High!
VERSEs: Psalm 13(12)

1. How long, O LORD? Will you forget me for ever? How long will you hide your face from me?
2. Look, answer me, LORD my God! Give light to my eyes lest I fall asleep in death;
3. As for me, I trust in your merciful love. Let my heart rejoice in your salvation.

1. me? How long must I bear grief in my soul, have sorrow in my heart all day long?
2. death; lest my enemy say, “I have overcome him”; lest my foes rejoice when they see me fall.
3. vation. I will sing to the LORD who has been bountiful with me.

1. heart all day long? How long shall my enemy prevail over me?
2. ________) lest my foes rejoice when they see me fall.
3. ________) I will sing psalms to the name of the LORD Most High.
Eighth Sunday in Ordinary Time, cont. (5)

Or:

Communion Antiphon 2
Mode 2

Speech tempo, phrasing and emphasis

Mt. 28:20

Be hold, _______ I ______ am with ______ you ______ always, ______ even to the end ______ of the age _______ says the Lord ______

Congregational Refrain
I will sing ______ to your name, O Most High!
VERSES 1–5: Psalm 68(67):2, 5–6, 19–21

1. Let God arise; let his foes be scattered. (__________)
2. O sing to God; make music to his name. Extol the One who rides on the clouds. (__________)
3. Father of orphans, defender of widows: (__________)
4. You have ascended on high; leading captivity captive as tribute receiving prisoners, O God, this God of ours is a God who saves. The LORD our Lord provides an everlasting place. (__________)
5. Day after day, may the Lord be blest. He bears our burdens; God is our savior. (__________)

1. flee from his presence.
2. dwell near the LORD God.
3. holy place.
4. ult at his presence.
5. cape from death.

6. They see your solemn procession, O God, (_____)
7. Summon forth your might, O God; your might, O God, which you have shown for
8. Rebuken the wild beast that dwells in the reeds, the bands of the mighty and rulers of the
9. You kingdoms of the earth, sing to God, praise the Lord who rides on the heavens, the ancient
10. His glory is on Israel; his might is in the skies. Awesome is God in his holy

6. (_____)
7. From your temple high in Jerusalem, (_____)
8. Scatter the peoples who delight in war. Rich merchants will
9. Behold, he thunders his voice, his mighty voice. (_____)
10. He is God, the God of Israel. He himself gives strength and

6. the procession of my God, of my king, to the holy place.
7. kings will come to you bringing their tribute.
8. Ethiopia will stretch out her hands to God.
9. Come, acknowledge the power of God.
10. Blest be God!
Turn to me and have mercy on me, O Lord, for I am alone and poor. See my lowliness and suffering and take away all my sins, my God.

Have mercy on me, O Lord.

1. To you, O LORD, I lift up my soul. In you, O my God, I have trusted;
2. O LORD, make me know your ways. Teach me your paths.
3. Remember your compassion, O LORD, and your merciful love,
4. Do not remember the sins of my youth, nor my transgressions.

1. let me not be put to shame; let not my enemies exult over me.
2. (____________) (——) Guide me in your truth, and teach me;
3. (____________) (——) In your merciful love remember me,
4. (____________) (——)

1. Let none who hope in you be put to shame; but shamed are those who wantonly break faith.
2. for you are the God of my salvation. I have hoped in you all day long.
3. (____________) for they are from of old.
4. (____________) because of your goodness, O LORD.
Communion Antiphon 1
Mode 8

Speech tempo, phrasing and emphasis

To you I call, for you will surely heed me, O God;

turn your ear to me; hear my words.

Cf. Ps. 17(16):6

Congregational Refrain

To you I call, hear my words.
VERSES: Psalm 17(16):2, 5, 7–9, 15

1. From you may my justice come forth. (______________________)
2. I kept my steps firmly in your paths. (______________________)
3. Display your merciful love. By your right hand you deliver from their
   4. Guard me as the apple of your eye. Hide me in the shadow of your
   5. As for me, in justice I shall behold your face; (______________________)

1. _____) Your eyes discern what is upright.
2. _____) My feet have never faltered.
3. foes those who put their trust in you.
4. wings from the violent attack of the wicked.
5. _____) when I awake I shall be filled with the vision of your presence.
Or:

**Communion Antiphon 2**

**Mode 8**

Mk. 11:23, 24

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**Speech tempo, phrasing and emphasis**

A - men, _ I say to you: _ What - ev - er you ask for in prayer, _ be-lieve _

you _ will _ re - ceive _ it, and it _ will be yours, _ says _ the Lord.

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**Congregational Refrain**

To _ you _ I call, _ hear _ my _ words.

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**VERSES 1, 2: Psalm 61(60):2–4**

1. Listen, O God, _ to my cry! _ Attend to _ my prayer! _ From the end of the
2. Set me high up - _ on the rock _ too high for me _ to reach, _ you, my refuge and

---
1. earth I call you; my heart is faint.
2. mighty tower against the foe.

VERSES 3, 4: Psalm 61(60):5–9

3. Then will I dwell in your tent for ever, and hide in the shelter of your wings.
4. Day upon day you will add to the king; his years as age upon age.

3. ( ) For you, O God, have heard my vows;
4. May he ever sit enthroned before God: bid mercy and truth be his protection.

3. you have given me the heritage of those who fear your name.
4. So I will sing to your name for ever, and day after day fulfill my vows.
The Lord is my light and my salvation; whom shall I fear? The Lord is the strong hold of my life; whom should I dread? When those who do evil draw near, they stumble and fall.

The Lord is the strong hold of my life, whom shall I fear?
VERSES: Psalm 27(26):1–4

1. The LORD is my light and my salvation; whom shall I fear?
2. When those who do evil draw near to devour my flesh,
3. Though an army encamp against me, my heart would not fear.
4. There is one thing I ask of the LORD, only this do I seek:

1. The LORD is the stronghold of my life; ( )
2. it is they, my enemies and foes, ( )
3. Though war break out against me, ( )
4. to live in the house of the LORD, all the days of my life, ( )

1. ( ) whom should I dread?
2. ( ) who stumble and fall.
3. ( ) even then would I trust.
4. to gaze on the beauty of the LORD, to inquire at his temple.
Tenth Sunday in Ordinary Time, cont. (3)

Communion Antiphon 1
Mode 2

Ps. 18(17):3

The Lord is my rock, my fortress, and my deliverer;

Ps. 18(17):3

The Lord is my God is my saving strength.

Congregational Refrain

The Lord is my rock, and my saving strength.

Edition #30130295
VERSES: Psalm 18(17):4, 7, 28–29, 32–33

1. I cry out, “Praised be the LORD!” I cried to my God for help.
2. In my anguish I called to the LORD; but bring low the eyes that are proud.
3. For you save a lowly people, Who is a rock but our God?
4. For who is God but the LORD? From his temple he heard my voice; It is God who girds me with strength, and kept my path free of blame.

1. (____________________) and see, I am saved from my foes.
2. From his temple he heard my voice; my cry to him reached his ears.
3. It is you who give light to my lamp; the LORD my God lightens my darkness.
4. It is God who girds me with strength, and keeps my path free of blame.
Or:

**Communion Antiphon 2**

Mode 1

1 Jn. 4:16

**Speech tempo, phrasing and emphasis**

God is love, and whoever abides in love abides in God.

and God abides in him.

**Congregational Refrain**

The Lord is my rock, and my saving strength.
VERSES 1–5: Psalm 103(102):1–12

1. Bless the LORD, O my soul, and all within me, his holy name.
2. It is the Lord who gives all your sins, who heals every one of your ills,
3. The LORD does just deeds, gives full justice to all who are oppressed.
4. The LORD is compassionate and gracious, slow to anger and rich in mercy.
5. For as the heavens are high above the earth, so strong his mercy for those who fear him.

(1) who redeems your life from the grave,
(2) who crowns you with mercy and compassion,
(3) nor persist in his anger forever.
(4) He will not always find fault;
(5) He does not treat us according to our faults.

1. Bless the LORD, O my soul, and never forget all his benefits.
2. who fills your life with good things, renewing your youth like an eagle’s.
3. He made known his ways to Moses, and his deeds to the children of Israel.
4. He does not treat us according to our sins, nor repay us according to our faults.
5. As far as the east is from the west, so far from us does he remove our transgressions.
Bless the LORD, all his hosts, his servants, who do his will.

VERSES 6–10: Psalm 103(102):13–22

6. As a father has compassion on his children, the LORD’s compassion is on those who fear him.
7. Man, his days are like grass; he flowers like the flower of the field.
8. But the mercy of the LORD is everlasting upon those who hold him in fear.
9. The LORD has fixed his throne in heaven, and his kingdom is ruling over all.
10. Bless the LORD, all his hosts, his servants, who do his will.

6. For he knows of what we are made; he remembers that we are dust.
7. The wind blows, and it is no more, and its place never sees it again.
8. and remember to fulfill his commands.
9. who heed the voice of his word.
10. Bless the LORD, O my soul!
Eleventh Sunday in Ordinary Time

**Entrance Antiphon**

Mode 4  

Cf. Ps. 27(26):7, 9

**Congregational Refrain**
VERSES: Psalm 27(26):1–4

1. The LORD is my light and my salvation; whom shall I fear?
2. When those who do evil draw near to devour my flesh,
3. Though an army encamp against me, my heart would not fear.
4. There is one thing I ask of the LORD, only this do I seek:

1. (__________) (__________)  
2. (__________) (__________)  
3. (__________) (__________)  
4. to live in the house of the LORD all the days of my life,

1. The LORD is the stronghold of my life; (____) whom should I dread?
2. it is they, my enemies and foes, who stumble and fall.
3. Though war break out against me, even then would I trust.
4. to gaze on the beauty of the LORD, to inquire at his temple.
Communion Antiphon 1
Mode 7
Ps. 27(26):4

There is one thing I ask of the Lord, only this do I seek:

to live in the house of the Lord all the days of my life.

Congregational Refrain

In your house, I will sing and make music to your name.
VERSEs: Psalm 27(26):1–3, 8c–9, 11, 13–14

1. The LORD is my light and my salvation; whom shall I fear?
2. When those who do evil draw near to devour my flesh,
3. Though an army encamp against me, my heart would not fear.
4. It is your face, O LORD, that I seek; hide not your face from me.
5. Instruct me, LORD, in your way; on an even path lead me.
6. I believe I shall see the LORD’s goodness in the land of the living.

1. ( ) ( ) ( )
2. ( ) ( ) ( )
3. ( ) ( ) ( )
4. Dismiss not your servant in anger; you have been my help.
5. ( ) ( ) ( )
6. ( ) ( ) ( )

1. The LORD is the stronghold of my life; ( —— ) whom should I dread?
2. It is they, my enemies and foes, who stumble and fall.
3. Though war break out against me, even then would I trust.
4. Do not abandon or forsake me, ( —— ) O God, my Savior!
5. ( ) ( ) ( ) because of my enemies.
6. Wait for the LORD; be strong; be stouthearted, and wait for the LORD!
Or:

Communion Antiphon 2  
Mode 7  *Speech tempo, phrasing and emphasis*  
*Jn. 17:11*

Holy Father, keep__ in your name those__ you have given me,

that__ they may be one_____ as we__ are one, says__ the Lord.__

Congregational Refrain

In your__ house, I will sing__ and make music to your__ name.
VERSES: Psalm 133(132):1–3

1. How good and how pleasant it is, (__________)  
2. It is like precious oil upon the head, running down up - on the beard,  
3. Like the dew of Hermon, which runs down on the moun - tains of Sion.

1. (__________) when brothers live in unity!  
2. running down upon Aar - on’s beard, upon the collar of his robes;  
3. For there the LORD be - stows his blessing: (-----) life _____ for - ever.
Twelfth Sunday in Ordinary Time

Entrance Antiphon
Mode 2

Speech tempo, phrasing and emphasis

Cf. Ps. 28(27):8–9

The Lord is the strength of his people, a saving refuge for the one he has anointed. Save your people, Lord, and bless your heritage, and govern them for ever.

Congregational Refrain

The Lord is our strength and our refuge.
VERSES: Psalm 28(27):1–4

1. To you, O LORD, I call; my rock, be not deaf to me.
2. Hear the voice of my pleading as I call to you for help,
3. Do not drag me away with the wicked, with those who do evil,
4. Repay them according to their deeds, according to the evil of their actions.

1. I shall go down to those in the pit, if you are silent to me.
2. (——) as I raise my hands toward your holy place.
3. who speak words of peace to their neighbors, but with malice in their hearts.
4. According to their handiwork, repay them; return to them their deserts.
Communion Antiphon 1
Mode 5
Ps. 145(144):15

Speech tempo, phrasing and emphasis

The eyes of all look to you, Lord, and you

Ps. 145(144):15

Congregational Refrain

Taste and see, that the Lord is good.
VERSE 1–6: Psalm 145(144):1–11

1. I will extol you, my God and king, and praise your name forever and bless your mercy.
2. I will bless you day after day, and pray your name and your reign, and all your creatures.
3. Age to age shall proclaim your works, shall declare your might and all your power.
4. They will speak of your awesome deeds, recount your greatness and all your passion.
5. The LORD is kind and full of compassion, slow to anger, abounding in all your works.
6. All your works shall thank you, O LORD, and all your faithful ones.

1. How good is the LORD to all, and recount your reign, and all your creatures.
2. They will recall your abundant goodness, and sing of your reign, and all your creatures.
3. They will tell of your great glory and splendor, and recount your reign, and all your creatures.
4. They will speak of the glory of your reign, and all your creatures.
5. How good is the LORD to all, and recount your reign, and all your creatures.
6. They shall speak of the glory of your reign, and all your creatures.

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VERSES 7–12: Psalm 145(144):12–21

7. To make known your might to the children of men, and the glorious splendor of your kingdom; your rule endures forever, for all generations.
8. The LORD is faithful in all his words, and holy in all his ways, and raises up all who are bowed down.
9. The eyes of all look to you, and you give them their food in due season. You open your hand and satisfy the desire of every living thing.
10. The LORD is close to all who call him, who love him; he hears their cry, and he, the wicked he will destroy.
11. He fulfills the desires of those who fear him; he hears their cry and he.
12. Let my mouth speak the praise of the LORD; let all flesh bless his holy name.

Your kingdom is an everlasting kingdom; your rule endures forever, for all generations.
The LORD supports all who fall, and raises up all who are bowed down.
The LORD keeps watch over all who love him; he hears their cry, and he, the wicked he will destroy.
The LORD is close to all who call him, who love him; he hears their cry, and he.

The LORD supports all who fall, and raises up all who are bowed down.
The LORD is close to all who call him, who love him; he hears their cry, and he, the wicked he will destroy.

Let my mouth speak the praise of the LORD; let all flesh bless his holy name.
I am the Good Shepherd, and I lay down my life for my sheep, says the Lord.

Congregational Refrain
Taste and see, that the Lord is good.
VERSES: Psalm 23(22)

1. The LORD is my shepherd; there is nothing I shall want.
2. He guides me along the right path, for the sake of his name.
3. You have prepared a table before me in the sight of my foes.
4. Surely goodness and mercy shall follow me all the days of my life.

1. Fresh and green are the pastures where he gives me rest.
2. Though I should walk in the valley of the shadow of death, no evil would I fear, for you are with me.
3. (__________) (__________)
4. (__________) (__________)

1. Near restful waters he leads me; (______) he revives my soul.
2. (______) Your crook and your staff will give me comfort.
3. My head you have anointed with oil; my cup is over flowing.
4. In the LORD's own house shall I dwell for length of days un ending.
Thirteenth Sunday in Ordinary Time

Entrance

Entrance Antiphon
Mode 6
Ps. 47(46):2

Speech tempo, phrasing and emphasis

All peoples, clap your hands. Cry to God

with shouts of joy!

Congregational Refrain

All you people, cry to God with shouts of joy!
VERSES: Psalm 47(46):2–9

1. All peoples, clap your hands. Cry to God with shouts of joy!
2. He humbles peoples under us and nations under our feet.
3. God goes up with shouts of joy. The LORD goes up with trumpet blast.
4. God is king of all the earth. Sing praise with all your skill.

1. For the LORD, the Most High, is awesome, the great king over all the earth.
2. Our heritage he chose for us, the pride of Jacob whom he loves.
3. Sing praise for God; sing praise! Sing praise to our king; sing praise!
4. God reigns over the nations. God sits up on his holy throne.
Communion Antiphon 1
Mode 4  

Cf. Ps. 103(102):1

Bless the Lord, O my soul, and all within me, his holy name.

Congregational Refrain

O bless the Lord, O bless his holy name.
Verses 1–5: Psalm 103(102):1–12

1. Bless the LORD, O my soul, and all within me, his holy name.
2. It is the Lord who forgives all your sins, who heals every one of your ills,
3. The LORD does just deeds, gives full justice to all who are oppressed.
4. The LORD is compassionate and gracious, slow to anger and rich in mercy.
5. For as the heavens are high above the earth, so strong his mercy for those who fear him.

1. ( ) who redeems your life from the grave,
2. ( ) who crowns you with mercy and compassion,
3. ( )
4. He will not always find fault;
5. ( )

1. Bless the LORD, O my soul, and never forget all his benefits.
2. who fills your life with good things, renewing your youth like an eagle’s.
3. He made known his ways to Moses, and his deeds to the children of Israel.
4. He does not treat us according to our sins, nor repay us according to our faults.
5. As far as the east is from the west, so far from us does he remove our transgressions.
VERSES 6–10: Psalm 103(102):13–22

6. As a father has compassion on his children, the LORD’s compassion is on those who fear him.
7. Man, his days are like grass; he flowers like the flower of the field.
8. But the mercy of the LORD is everlasting upon those who hold him in fear,
9. The LORD has fixed his throne in heaven, and his kingdom is ruling over all,
10. Bless the LORD, all his hosts, his servants, who do his will.

6. (____) (____) (____)
7. (____)
8. upon children’s children his justice, for those who keep his covenant,
9. Bless the LORD, all you his angels, mighty in power, fulfilling his word,
10. Bless the LORD, all his works, in every place where he rules.

6. For he knows of what we are made; he remembers that we are dust.
7. The wind blows, and it is no more, and its place never sees it again.
8. (____) (____) (____)
9. (____) who heed the voice of his word.
10. (____) Bless the LORD, O my soul!
Thirteenth Sunday in Ordinary Time, cont. (6)

Or:

**Communion Antiphon 2**
Mode 4

*Speech tempo, phrasing and emphasis*

O Father, I pray for them, that they may be one in us,

that the world may believe that you have sent me,

says the Lord.

**Congregational Refrain**

O bless the Lord, O bless his holy name.
VERSES: Psalm 133(132)

1. How good and how pleasant it is, running down upon the beard,
2. It is like precious oil upon the head, running down upon the beard,
3. Like the dew of Hermon, which runs down on the mountains of Sion.

1. (__________) when brothers live in unity!
2. running down upon Aar on’s beard, upon the collar of his robes.
3. For there the LORD be stows his blessings (——) life —— for ever.

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Edition #30130295
Entrance Antiphon

Mode 1

Cf. Ps. 48(47):10–11

Your merciful love, O God, we have received in the midst of your temple. Your praise, O God, like your name, reaches the ends of the earth; your right hand is filled with saving justice.
Congregational Refrain

Your praise, O God, reaches the ends of the earth.

VERSES: Psalm 48(47):2–8

1. Great is the LORD and highly to be praised in the city of our God.
2. Mount Sion, in the heart of the North, the city of the Mighty King!
3. Behold! the kings assembled; together they advanced.
4. A trembling seized them there, anguish, like pangs in giving birth,

1. His holy mountain rises in beauty, the joy of all the earth.
2. God, in the midst of its citadels, has shown himself its stronghold.
3. They saw, at once they marveled; dismayed, they fled in fear.
4. As when the east wind shatters (——) the ships of Tarshish.
Communion

Communion Antiphon 1
Mode 3

Ps. 34(33):9

Speech tempo, phrasing and emphasis

Taste and see that the Lord is good; blessed the man who seeks refuge in him.

Congregational Refrain

Taste and see that the Lord is good.
VERSES 1–6: Psalm 34(33):2–13

1. I will bless the LORD at all times; praise of him is always in my mouth.
2. Glorify the LORD with me; together let us praise his name.
3. Look toward him and be radiant; let your faces not be a - bashed.
4. The angel of the LORD is en - camped around those who fear him, to rescue them.
5. Fear the LORD, you his holy ones. They lack nothing, those who fear him.
6. Come, children, and hear me, that I may teach you the fear of the LORD.

1. In the LORD my soul shall make its boast; the humble shall hear and be glad.
2. I sought the LORD, and he answered me; from all my terrors he set me free.
3. This lowly one called; the LORD heard, and rescued him from all his dis - tress.
4. Taste and see that the LORD is good. Blessed the man who seeks ref - uge in him.
5. The rich suffer want and go hungry, but those who seek the LORD lack no blessing.
6. Who is it that de - sires life and longs to see pros - per - ous days?
Seven Guard your tongue from evil, and your lips from speaking deceit.

Eight The LORD turns his eyes to the just, and his ears are open to their cry.

Nine When the just cry out, the LORD hears, and rescues them in all their distress.

Ten Many are the trials of the just man, but from them all the LORD will rescue him.

Eleven Evil brings death to the wicked; those who hate the just man are doomed.

Seven Turn aside from evil and do good. Seek after peace, and pursue it.

Eight The LORD turns his face against the wicked to destroy their remembrance from the earth.

Nine The LORD is close to the broken-hearted; those whose spirit is crushed he will save.

Ten He will keep guard over all his bones; not one of his bones shall be broken.

Eleven The LORD ransoms the souls of his servants. All who trust in him shall not be condemned.
Or:

Communion Antiphon 2
Mode 3

Speech tempo, phrasing and emphasis

Mt. 11:28

Come to me, all who labor and are burdened,

and I will refresh you, says the Lord.

Congregational Refrain

Taste and see that the Lord is good.
VERSES 1–6: Psalm 25(24):1–11

1. To you, O LORD, I lift up my soul. In you, O my God, I have trusted;  
2. O LORD, make me know your ways. Teach me your paths.  
3. Remember your compassion, O LORD, and your merciful love,  
4. Do not remember the sins of my youth, nor my transgressions.  
5. Good and upright is the LORD; he shows the way to sinners.  
6. All the LORD’s paths are mercy and faithfulness, for those who keep his covenant and commands.

1. Let me not be put to shame; let not my enemies exult over me.  
2. Guide me in your truth, and teach me; for you are the God of my salvation.  
3.  
4.  
5.  
6.  

1. Let none who hope in you be put to shame; but shamed are those who wantonly break faith.  
2. I have hoped in you all day long.  
3. for they are from of old.  
4. In your merciful love remember me, because of your goodness, O LORD.  
5. He guides the humble in right judgment; to the humble he teaches his way.  
6. O LORD, for the sake of your name, forgive my guilt, for it is great.
VERSES 7–11: Psalm 25(24):12–22

7. Who is this that fears the LORD? He will show him the path to choose.
8. My eyes are always on the LORD, for he rescues my feet from the snare.
9. Relieve the anguish of my heart, and set me free from my distress.
10. See how many are my foes; with a violent hatred they hate me.
11. May integrity and virtue protect me, for I have hoped in you, O LORD.

7. His soul shall live in happiness, and his descendants shall possess the land.
8. ( ) ( )
9. ( ) ( )
10. Preserve my life and rescue me. Let me not be put to shame,
11. ( ) ( )

7. The LORD’s secret is for those who fear him; to them he reveals his covenant.
8. Turn to me and have mercy on me, for I am alone and poor.
9. See my lowliness and suffering, and take away all my sins.
10. ( ) ( )
11. Redeem Israel, O God, from all its distress.

Edition #30130295


**Entrance Antiphon**  
Mode 1  

*Cf. Ps. 17(16):15*

**Speech tempo, phrasing and emphasis**

As for me, _in justice_ I _shall be-hold_ your face;_

I shall be _filled_ with the _vision of your glo-ry._

**Congregational Refrain**

Let me _be-hold_ your face, _O Lord._
VERSES: Psalm 17(16):2, 5, 7–9, 15

1. From you may my justice come forth. (____)
2. I kept my steps firmly in your paths. (____)
3. Display your merciful love. By your right hand you deliver from their
   foes those who put their trust in you.
4. Guard me as the apple of your eye. Hide me in the shadow of your
   wings from the violent attack of the wicked.
5. As for me, in justice I shall behold your face; (____)
   when I awake I shall be filled with the vision of your presence.

1. ____) Your eyes discern what is upright.
2. ____) My feet have never faltered.
3. foes those who put their trust in you.
4. wings from the violent attack of the wicked.
5. ____) when I awake I shall be filled with the vision of your presence.
Communion

Communion Antiphon 1
Mode 3

Cf. Ps. 84(83):4–5

The sparrow finds a home, and the swallow a nest for her young:

by your altars, O Lord of hosts, my King and my God.

Blessed are they who dwell in your house, for ever singing your praise.

Congregational Refrain

Blessed are they who dwell in your house, singing your praise.
VERSES: Psalm 84(83):2–3, 9–13

1. How lovely is your dwelling place, O LORD of hosts.
2. O LORD God of hosts, hear my prayer; give ear, O God of Jacob.
3. One day within your courts is better than a thousand elsewhere.
4. For the LORD God is a sun, a shield; the LORD will give us his favor and glory.

1. My soul is longing and yearning for the courts of the LORD.
2. ( ) ( )
3. ( ) ( )
4. He will not withhold any good to those who walk without blame.

1. My heart and my flesh cry out ( ) to the living God.
2. Turn your eyes, O God, our shield; look on the face of your anointed.
3. The threshold of the house of God I prefer to the dwellings of the wicked.
4. O LORD of hosts, how blessed is the man who trusts in you!
Communion Antiphon 2
Mode 3

Who ever eats my flesh and drinks my blood remains in me.

and I in him, says the Lord.

Congregational Refrain

Blessed are they who dwell in your house, singing your praise.
VERSES: Psalm 119(118):1–2, 11, 49–50, 72, 103, 105, 162

1. Blessed are those whose way is blameless, who walk in the law of the LORD!
2. I treasure your word in my heart, (______________________)
3. Remember your word to your servant, by which you made me hope. (______________________)
4. The law from your mouth means more to me (______________________)
5. How sweet is your promise to my tongue, (______________________)
6. Your word is a lamp for my feet, (______________________)
7. I rejoice at your promise, (______________________)

1. Blessed are those who keep his decrees! With all their hearts they seek him.
2. (______________________) lest I sin against you.
3. This is my comfort in sorrow: that your promise gives me life.
4. (______________________) than large quantities of silver and gold.
5. (______________________) more than honey in the mouth.
6. (______________________) and a light for my path.
7. (______________________) like one who finds a great treasure.
Who ever eats my flesh and drinks my blood remains in me and I in him, says the Lord.

Blessed are they who dwell in your house, singing your praise.
VERSES: Psalm 23(22)

1. The LORD is my shepherd; there is nothing I shall want.
2. He guides me along the right path, for the sake of his name.
3. You have prepared a table before me in the sight of my foes.
4. Surely goodness and mercy shall follow me all the days of my life.

1. Fresh and green are the pastures where he gives me repose.
2. Though I should walk in the valley of the shadow of death, no evil would I fear, for you are with me.
3. (________) (________)
4. (________) (________)

1. Near restful waters he leads me; he revives my soul.
2. (________) Your crook and your staff will give me comfort.
3. My head you have anointed with oil; my cup is overflowing.
4. In the LORD’s own house shall I dwell for length of days unending.
Entrance Antiphon
Mode 5

Ps. 54(53):6, 8

See, ______ I____ have God____ for my help. The Lord____ sus-tains____

my____ soul. ______ I will sac-ri-fice to you with will-ing heart,

and praise____ your name,____ O Lord, for it____ is good____
We praise your name, O Lord, for it is good.

VERSES: Psalm 54(53)

1. O God, save me by your name; by your power, defend my cause.
2. For the proud have risen against me, and the ruthless seek my life.
3. See, I have God for my help. The Lord sustains my soul.
4. I will sacrifice to you with willing heart, and praise your name, for it is good:

1. O God, hear my prayer; give ear to the words of my mouth.
2. ( ) They have no regard for God.
3. Let evil recoil on my foes. In your faithfulness, bring them to an end.
4. for it has rescued me from all distress, and my eyes have gazed up on my foes.
Communion Antiphon 1
Mode 1
Ps. 111(110):4–5

Speech tempo, phrasing and emphasis

The Lord, the gracious, the merciful, has made a memorial of his wonders; he gives food to those who fear him.

Congregational Refrain

The Lord gives food to those who fear him.
VERSES: Psalm 111(110)

1. I will praise the LORD with all my heart, in the meeting of the just and
2. Majestic and glorious his work; his justice stands
3. He gives food to those who fear him; keeps his covenant ever
4. His handiwork is just and truth; his precepts are all
5. He has sent redemption to his people, and established his covenant
6. The fear of the LORD is the beginning of wisdom; understanding marks all

1. the assemble. Great are the works of the LORD, to be pondered by
2. firm for ever. He has given us a memorial of his wonders. The LORD is
3. er in mind. His mighty works he has shown to his people by giving them the
4. of them sure, standing firm forever and ever, wrought in
5. nant for ever. ( ) Holy his
6. who attain it. ( ) His

1. all who delight in them.
2. gracious and merciful.
3. heritage of nations.
4. uprightness and truth.
5. name, to be feared.
6. praise endures for ever!
Communion Antiphon 2
Mode 1

Rev. 3:20

Speech tempo, phrasing and emphasis

Communion Antiphon 2

Be hold, I stand at the door and knock, says the Lord.

I will enter his house and dine with him, and he with me.

Congregational Refrain

The Lord gives food to those who fear him.
VERSES: Psalm 23(22)

1. The LORD is my shepherd; there is nothing I shall want.
2. He guides me along the right path, for the sake of his name.
3. You have prepared a table before me in the sight of my foes.
4. Surely goodness and mercy shall follow me all the days of my life.

1. Fresh and green are the pastures where he gives me repose.
2. Though I should walk in the valley of the shadow of death, no evil would I fear, for you are with me.
3. ( )
4. ( )

1. Near restful waters he leads me; ( ) he revives my soul.
2. ( ) Your crook and your staff will give me comfort.
3. My head you have anointed with oil; my cup is overflowing.
4. In the LORD’s own house shall I dwell for length of days unending.
SevenTeenth Sunday in Ordinary Time

Entrance Antiphon
Mode 5

Cf. Ps. 68(67):6–7, 36

You give unity and strength to your people, O God.

Congregational Refrain
VERSES: Psalm 68(67):2, 4–6

1. Let God arise; let his foes be scattered. (_______)
2. But the just shall rejoice at the presence of God; they shall exult with glad rejoicing. (_______)
3. Father of orphans, defender of widows: (_______)

1. (_______) O sing to God; make music to his name. (_______)
2. Extol the One who rides on the clouds. (_______)
3. (_______)

1. Let those who hate him flee from his presence. (_______)
2. The LORD is his name; exult at his presence. (_______)
3. such is God in his holy place. (_______)
Communion Antiphon 1

Mode 5

Ps. 103(102):2

Speech tempo, phrasing and emphasis

Bless the Lord, O my soul, and never forget

all his benefits.

Congregational Refrain

Bless the Lord, O my soul!
VERSES 1–5: Psalm 103(102):1–12

1. Bless the LORD, O my soul, and all within me, his holy name.
2. It is the Lord who forgives all your sins, who heals every one of your ills,
3. The LORD does just deeds, gives full justice to all who are oppressed.
4. The LORD is compassionate and gracious, slow to anger and rich in mercy,
5. For as the heavens are high above the earth, so strong his mercy for those who fear him.

1. (__________) (__________) (__________) (__________) (__________)
2. who redeems your life from the grave, who crowns you with mercy and compassion,
3. (__________) (__________) (__________) (__________) (__________)
4. He will not always find fault; nor persist in his anger forever.
5. (__________) (__________) (__________) (__________) (__________)

1. Bless the LORD, O my soul, and never for-get all his benefits.
2. who fills your life with good things, renewing your youth like an eagle’s.
3. He made known his ways to Moses, and his deeds to the children of Israel.
4. He does not treat us according to our sins, nor repay us according to our faults.
5. As far as the east is from the west, so far from us does he re-move our trans-gressions.
Bless the LORD, all
The LORD has fixed his throne in heaven, and his kingdom is ruling over all.

6. As a father has compassion on his children, the LORD’s compassion is on those who fear him.
7. Man, his days are like grass; he flowers like the flower of the field.
8. But the mercy of the LORD is everlasting upon those who hold him in fear.
9. The LORD has fixed his throne in heaven, and his kingdom is ruling over all.
10. Bless the LORD, all his hosts, his servants, who do his will.

Bless the LORD, all you children’s children, mighty in power, fulfilling his word,

6. (_____) (_____) (_____)
7. (_____)
8. (_____)
9. (____) (_____)
10. (____) (_____)

6. For he knows of what we are made; he remembers that we are dust.
7. The wind blows, and it is no more, and its place never sees it again.
8. (____) and remember to fulfill his commands.
9. (____) who heed the voice of his word.
10. (____) Bless the LORD, O my soul!
Or:

Communion Antiphon 2
Mode 5

Mt. 5:7–8

Blessed are the merciful, for they shall receive mercy.

Blessed are the clean of heart, for they shall see God.

Congregational Refrain

Bless the Lord, O my soul!
VERSES: Psalm 37(36):1, 3, 16–19, 23, 27

1. Do not fret because of the wicked; do not envy those who do evil.
2. Better the few possessions of the just, (____________________)
3. The LORD takes note of the days of the blameless; their heritage will last forever.
4. By the LORD are the steps made firm (____________________)
5. Then turn away from evil and do good, (____________________)

1. Trust in the LORD and do good; then you will dwell in the land and
2. (____________________) than the abundant wealth
3. They shall not be put to shame in evil days; in time of famine they shall
4. (____________________) of one in whose path
5. (____________________) and you may a-

1. safely pasture.
2. of the wicked.
3. have their fill.
4. He delights.
5. abide forever.
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