The Breastplate of St. Patrick
Sarah Hart and Bob Halligan Jr

I bind myself to the virtue of Christ.

Verse 1
I bind myself to the power of heaven.
I bind myself to the light of the sun,
I bind myself to the virtue of Christ.

Refrain 1
Christ behind me and within me;
I bind myself to the power of Christ.

Refrain 2
Repeat Refrain 1*

Bridge
In the eyes of all who see me,
in the ears of all who hear me,
in the hearts of those who know me:
Uphold me, Lord.

Refrain 3
Repeat Refrain 1**

Coda
I bind myself to the virtue of Christ.
I bind myself to the virtue of Christ.

Christ with me.


*Omit the last line of Refrain 1
**Omit the last two lines of Refrain 1